

SSC Constable (GD) Examination 2026

A Comprehensive Guide to the Recruitment Process

Your Gateway to a Career in the Central Armed Police Forces.

The Opportunity at a Glance: Key Highlights



Total Vacancies

25,487

(Tentative)

Male: 23,467 | Female: 2,020



Recruiting Forces

- Border Security Force (BSF)
- Central Industrial Security Force (CISF)
- Central Reserve Police Force (CRPF)
- Sashastra Seema Bal (SSB)
- Indo Tibetan Border Police (ITBP)
- Assam Rifles (AR)
- Secretariat Security Force (SSF)



Pay Scale

Pay Level-3

₹21,700 to ₹69,100

Mark Your Calendar: Important Dates & Deadlines



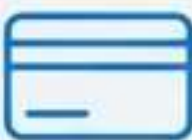
Online Application Starts

01.12.2025



Online Application Ends

31.12.2025 (at 23:00 hours)



Last Date for Online Fee Payment

01.01.2026 (at 23:00 hours)



Application Correction Window

08.01.2026 to 10.01.2026 (at 23:00 hours)



Computer Based Exam (CBE)

Feb - April 2026 (Tentative Schedule)

Are You Eligible? Core Requirements (as on 01.01.2026)



Nationality

- Must be a citizen of India.
- A Domicile / Permanent Resident Certificate (PRC) from your state/UT is mandatory.



Age Limit

- **18-23 years** as of 01.01.2026.
(Candidates must be born between 02.01.2003 and 01.01.2008).

Note: Age relaxation is applicable for SC/ST (5 yrs), OBC (3 yrs), and other specified categories.



Educational Qualification

- **Matriculation (10th Class Pass)** from a recognized Board/University.
- Must have passed on or before the cut-off date of 01.01.2026.

The Path to Selection: A 4-Stage Process

1

Stage 1: Computer Based Examination (CBE)

An objective-type online test to assess knowledge and aptitude.



2

Stage 2: Physical Efficiency & Standard Test (PET/PST)

Candidates shortlisted from CBE undergo tests for race, height, chest, and weight.



3

Stage 3: Detailed Medical Examination (DME) & Document Verification (DV)

Comprehensive medical fitness assessment and verification of all original eligibility documents.



4

Final Stage: Merit List & Force Allocation

Final selection based on CBE performance, NCC bonus marks, and candidate's force preferences.

Stage 1: Cracking the Computer Based Exam (CBE)

Part	Subject	No. of Questions	Maximum Marks
A	General Intelligence & Reasoning	20	40
B	General Knowledge & Awareness	20	40
C	Elementary Mathematics	20	40
D	English / Hindi	20	40
Total		80	160

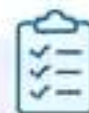
Duration

60 Minutes



Question Type

Objective, Multiple-Choice



Negative Marking

0.25 marks deducted for each wrong answer.



Exam Languages: English, Hindi, and 13 Regional Languages.

Stage 2: Meeting the Physical Fitness Standards (PET & PST)



Physical Efficiency Test (PET) - Race

Male

5 Kms in 24 minutes

Female

1.6 Kms in 8.5 minutes

Note: Different standards apply for candidates of the Ladakh Region.



Physical Standard Test (PST) - Height & Chest

Height

Male: 170 cms | Female: 157 cms

Chest (Male Only)

Un-expanded: 80 cms | Minimum expansion: 5 cms

Note: Relaxations in height and chest measurements are available for specified categories like ST, Garhwalis, Kumaonis, etc.

How to Apply: A Step-by-Step Online Guide

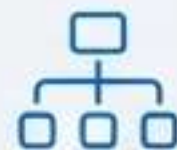
- 1. One-Time Registration (OTR):** Complete your registration on the new SSC website: <https://ssc.gov.in>. (Note: OTR from the old website is not functional).
- 2. Fill Application Form:** Log in and carefully fill out the form for the Constable (GD) 2026 exam.
- 3. Live Photo Capture:** The application requires a real-time photo captured via webcam/app. You must not wear a cap, mask, or spectacles. Ensure good lighting and a plain background.
- 4. Upload Signature:** Upload a scanned signature in JPEG format (10-20 KB).
- 5. Pay Application Fee:**
 - **Fee:** ₹100/-
 - **Exempted:** Women, SC, ST, and Ex-Servicemen (ESM) candidates.
 - Payment is accepted through online modes only (BHIM UPI, Net Banking, Cards).

Final Selection & Force Allocation Explained



Merit Basis

- Final selection is based *solely* on your normalized marks in the **Computer Based Examination (CBE)**.
- Bonus marks for NCC Certificate holders ('C': 5%, 'B': 3%, 'A': 2% of max marks) are added to your normalized CBE score.



Force Allocation

- Allocation is based on the principle of **Merit-cum-Preference**.



- Your final posting depends on your rank in the CBE merit list and the order of force preferences (BSF, CISF, etc.) you submitted.



Crucial Note

- You **must** fill out preferences for all seven forces in the online application.
- This choice is final and **cannot be changed later** under any circumstances.

Your Final Checklist for a Successful Application

- ✓ **Verify Eligibility:** Triple-check your age, education, and physical standards against the 01.01.2026 cut-off date before applying.
- ✓ **Apply Early:** Submit your application on `ssc.gov.in` well before the 31.12.2025 deadline to avoid last-minute technical issues.
- ✓ **Be Meticulous with Details:** Ensure your Domicile State/District and Force Preferences are filled with extreme care. These details are final and cannot be changed. An error here will lead to cancellation.
- ✓ **Focus on the CBE:** Your performance in the Computer Based Exam is the single most important factor for your final selection and force allocation.

Ready to Begin Your Preparation Journey?

Visit **oliveboard.in** for expert-designed mock tests, courses, and study material tailored for the **SSC Constable (GD)** Exam.